

A Workshop in:

Adolescent Substance-abuse Skills Effectiveness Training (ASSET)



ASSET is a cognitive-behavioral, substance-abuse intervention delivered to groups of adolescents twice a week for ten weeks. ASSET was built on the platform of Motivationally Enhanced CBT 7, previously disseminated by SAMHSA. Procedures and processes were also drawn from a variety of research-based strategies for substance abusing and delinquent youth.

The first group delivered during the week is a cognitive-skills group designed to alter beliefs and attitudes that promote continued substance use. The group begins with a brief discussion and then a cognitive activity aimed at altering pro-drug using beliefs and attitudes. This is followed by cognitive practice scenarios designed to identify and alter thinking errors associated with drug use.

The second group delivered during the week is a behavioral-skills group. This intervention relies on modeling and role-playing to provide behavioral skills necessary for identifying and effectively responding to high risk situations frequently encountered by adolescent substance-abusers.

This skill-based, two-day workshop will provide participants with all the tools necessary to effectively

conduct ASSET groups. Participants will receive the ASSET Trainers Manual and the ASSET Participant Manual. No further purchase of materials is necessary.

Registration is limited to allow for maximum opportunities to learn and practice the procedures associated with the model.

Trainer: Darin Carver, LCSW has worked extensively over the past 20 years as a therapist, trainer and consultant. His primary focus has been working with delinquent and substance-abusing teens. His workshops blend theory, knowledge, and practical application of intervention skills.

Dates: December 8-9, 2011

Where: Weber Human Services—237 26th Street Ogden, UT 84401

Time: 9:00 AM - 4:00 PM

Registration Fee: \$235

Registration information provided below. For more information call (801) 778-6860 or email rondad@weberhs.org

Tear-off Form Title

How to register: Complete this registration form and mail with check, money order or purchase order to:

Weber Human Services
Attention: Ronda Dean
237 26th Street
Ogden, UT 84401

Make check or money order payable to Weber Human Services.
Registration deadline is Nov. 30th, 2011.

Full refund for cancellations prior to Dec. 2nd, 2011

Name _____

Address _____

Phone _____

Method of Payment Check Money Order Purchase Order

E-mail Address _____